

## **Aquatics Programs: Lifeguard Training Class**

**Water enjoyment and safety go hand-in-hand. Beginning at the age of five, we offer swimming lessons and other aquatic programs. Through the swimming program, several skill levels are offered including lifeguard training classes.**

The Lifeguard Training Class teaches individuals the most current techniques in water rescues. This class also focuses on the basic of pool operations. **Completing this class is a requirement in order to be a City Pool Lifeguard.**

### **Lifeguard Training Requirements:**

- **Students must be at least 15-years-old to attend.**
- **Students must be able to pass a pre-requisite skills test.**
- **CPR and First Aid Training are included in lifeguard instruction.**
- **Class size is limited to 10 students and 6 are required to schedule training.**
- **Pre-registration is required and available on a first-come, first-serve basis.**
- **Lifeguard Training class begins in late July.**
- **The Lifeguard Training Class fee is \$80.00.**

**For more information on swimming lessons, aquatic programs or lifeguard training, call the City Pool: 574-583-6266 or Parks Office: 574-583-3983**